



Countdown to Jesus' Passion

Let us pray, sing, and walk with God through the Psalms

This fall and winter we will use the Psalms to “countdown” to Lent.

The Psalms are much more than ancient songs and poems. They are the prayers and praises of God’s people, words given to us by God to help us speak to Him **in every season of life**. In the Psalms we will find joy and sorrow, confidence and fear, thanksgiving and repentance, suffering and hope. Most importantly, we will see repeatedly how the Psalms point us to Jesus Christ; His life, His suffering, His death, His resurrection, and His reign as our King.

As you read, don’t simply ask, “What does this Psalm mean?” Ask also, **“What is God teaching me about Himself? What is He teaching me about myself? How does this Psalm lead me to Christ? How is this Psalm teaching me to pray?”** Join us on Sundays at 9:50am for discussion and sharing around these questions!

Read slowly. Make them your words to God. Let the words sink into your heart. Linger over the verses that speak to you. Carry them with you throughout the day. And above all, allow the Psalms to teach you to know, trust, praise, confess to, and rejoice in the God who has made Himself known to us in Jesus.

Date	Psalm	Notes
Sept. 13		Introduction
Sept. 14	150	Praise the Lord!
Sept. 15	149	Sing His praise
Sept. 16	148	All creation praises
Sept. 17	147	He heals brokenhearted
Sept. 18	146	Trust not princes
Sept. 19	145	Greatness of the King

Date	Psalm	Notes
Sept. 27	137	By Babylon’s rivers
Sept. 28	136	Love endures forever
Sept. 29	135	Praise God’s greatness
Sept. 30	134	Bless the Lord
Oct. 1	133	Unity is blessed
Oct. 2	132	Remember David’s promise
Oct. 3	131	Quiet trust

Sept. 20	144	Blessed are God’s people
Sept. 21	143	Teach me Your will
Sept. 22	142	Refuge in trouble
Sept. 23	141	Guard my mouth
Sept. 24	140	Rescue from evil
Sept. 25	139	Known completely by God
Sept. 26	138	Wholehearted thanksgiving

Oct. 4	130	Out of depths
Oct. 5	129	Afflicted yet preserved
Oct. 6	128	Blessed family life
Oct. 7	127	The Lord builds
Oct. 8	126	Restored with joy
Oct. 9	125	Secure like Zion
Oct. 10	124	Escaped by God’s Help

Date	Psalm	Notes
Oct. 11	123	Eyes upon the Lord
Oct. 12	122	Joy in Jerusalem
Oct. 13	121	Help from the Lord
Oct. 14	120	Peace among conflict
Oct. 15	119	Love for God's Word
Oct. 16	118	His steadfast love endures
Oct. 17	117	Praise among nations

Oct. 18	116	I love the Lord
Oct. 19	115	Not to us
Oct. 20	114	Exodus power displayed
Oct. 21	113	Praise the exalted Lord
Oct. 22	112	Blessings of righteousness
Oct. 23	111	Great are His works
Oct. 24	110	Priest-King forever

Oct. 25	109	Prayer against accusers
Oct. 26	108	Steadfast heart praises
Oct. 27	107	Give thanks for deliverance
Oct. 28	106	Confession and mercy
Oct. 29	105	Remember covenant faithfulness
Oct. 30	104	Creator sustains all
Oct. 31	103	Bless the Lord

Nov. 1	102	Afflicted prayer heard
Nov. 2	101	Commitment to integrity
Nov. 3	100	Joyful thanksgiving
Nov. 4	99	Holy King enthroned
Nov. 5	98	Sing a new song
Nov. 6	97	Rejoice, the Lord reigns
Nov. 7	96	Declare His glory

Date	Psalm	Notes
Nov. 8	95	Come worship the Lord
Nov. 9	94	God avenges evil
Nov. 10	93	The Lord reigns
Nov. 11	92	It is good
Nov. 12	91	Shelter of the Most High
Nov. 13	90	Teach us wisdom
Nov. 14	89	Covenant with David

Nov. 15	88	Darkness and lament
Nov. 16	87	Citizens of Zion
Nov. 17	86	Teach me Your way
Nov. 18	85	Revive us again
Nov. 19	84	Longing for God's house
Nov. 20	83	Enemies against God
Nov. 21	82	Judge unjust rulers

Nov. 22	81	Listen and obey
Nov. 23	80	Restore us, O God
Nov. 24	79	Prayer after devastation
Nov. 25	78	Teach the next generation
Nov. 26	77	Remember God's wonders
Nov. 27	76	Glorious in Judah
Nov. 28	75	God exalts and humbles

Nov. 29	74	Remember Your people
Nov. 30	73	God my portion
Dec. 1	72	Righteous king's reign
Dec. 2	71	Hope from youth
Dec. 3	70	Hasten to help
Dec. 4	69	Zeal and suffering
Dec. 5	68	God leads triumphantly

Date	Psalm	Notes
Dec. 6	67	Bless us, nations
Dec. 7	66	Come and see
Dec. 8	65	God blesses earth
Dec. 9	64	Protection from plots
Dec. 10	63	Seeking God earnestly
Dec. 11	62	God alone my rock
Dec. 12	61	Lead me higher

Dec. 13	60	Help in defeat
Dec. 14	59	Deliverance from enemies
Dec. 15	58	Justice for the wicked
Dec. 16	57	Refuge under wings
Dec. 17	56	Trust amid fear
Dec. 18	55	Cast burdens on Him
Dec. 19	54	God is helper

Dec. 20	53	Fools reject God
Dec. 21	52	Boasting evil condemned
Dec. 22	51	Create clean heart
Dec. 23	50	True worship required
Dec. 24	49	Wealth cannot save
Dec. 25	48	Zion's glorious God
Dec. 26	47	King over nations

Dec. 27	46	God our refuge
Dec. 28	45	Royal wedding song
Dec. 29	44	Remember Your covenant
Dec. 30	43	Send out Your light
Dec. 31	42	Soul thirsts for God
Jan. 1	41	Blessed compassionate care
Jan. 2	40	Waiting and deliverance

Date	Psalm	Notes
Jan. 3	39	Life is fleetin
Jan. 4	38	Repentant suffering
Jan. 5	37	Trust, do not fret
Jan. 6	36	Steadfast love abounds
Jan. 7	35	Contend for me
Jan. 8	34	Taste and see
Jan. 9	33	Praise the Creator

Jan. 10	32	Blessed forgiveness received
Jan. 11	31	Into Your hands
Jan. 12	30	Weeping turns to joy
Jan. 13	29	Voice over waters
Jan. 14	28	Hear my cry
Jan. 15	27	The Lord my light
Jan. 16	26	Walk in integrity

Jan. 17	25	Teach me Your ways
Jan. 18	24	King of glory enters
Jan. 19	23	The Lord my Shepherd
Jan. 20	22	Forsaken yet vindicated
Jan. 21	21	King rejoices in salvation
Jan. 22	20	Trust God's victory
Jan. 23	19	Creation and law proclaim

Jan. 24	18	Deliverer and strength
Jan. 25	17	Prayer for protection
Jan. 26	16	Joy in God's presence
Jan. 27	15	Who may dwell?
Jan. 28	14	Fools reject God
Jan. 29	13	How long, Lord?
Jan. 30	12	Pure words endure

Date	Psalm	Notes
Jan. 31	11	Refuge in the Lord
Feb. 1	10	Why do wicked prosper
Feb. 2	9	Praise for righteous judgment
Feb. 3	8	Majesty over creation
Feb. 4	7	God judges justly
Feb. 5	6	Mercy in distress
Feb. 6	5	Prayer for guidance

Date	Psalm	Notes
Feb. 7	4	Peaceful rest in God
Feb. 8	3	Morning trust in God
Feb. 9	2	God's King reigns
Feb. 10	1	Blessed righteous, doomed wicked